



# WINTER MENU ONE

**M / TEA**

**LUNCH**

**A / TEA**



**Vegemite Saos**

**Cheesy Beef  
Pasta Shells**

**Vanilla Rice  
Pudding**



**Assorted Cereals**

**Roast Pumpkin  
Mac & Cheese**

**Oat & Date Balls**



**Warm Berry  
Porriage**

**Cream Tuna &  
Pea Pastabake**

**Zucchini Slice**



**Fruit Toast**

**French Onion  
Chicken & Rice**

**Crunch Platter  
with Hummus  
Dip**



**Vanilla Yoghurt  
and fruit**

**Spinach Dahl  
Curry & Rice**

**Cinnamon  
Banana Cake**

All meals are adapted for dietary, cultural and age appropriate requirements. Afternoon tea is served daily with a seasonal fruit platter. Late snack is served daily at 5.30pm

An alternate lunch will be provided should lunch be refused.  
All suggestions and feedback is encouraged by all families and children



# WINTER MENU TWO

**M / TEA**

**LUNCH**

**A / TEA**

**M**

**Crumpets with  
Assorted  
Toppings**

**French Lentil  
Ragu over  
Creamy Polenta**

**Black Bean  
Brownies**

**T**

**Vanilla Yoghurt  
& Granola**

**Mexican Beef  
Bowl with Rice**

**Crunch platter  
with French  
onion dip**

**W**

**Blueberry  
Pancake Slice**

**Chicken Noodle  
Soup**

**Cheesy Savoury  
Muffins**

**TH**

**Vanilla &  
Cinnamon  
Porridge**

**Vegetarian  
Pizzas**

**Choc Banana,  
Coconut Balls**

**F**

**Cheesies**

**Coconut Fish  
Curry & Rice**

**Homemade Warm  
Shortbreads**

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# WINTER MENU THREE

## M / TEA

## LUNCH

## A / TEA



Toast with  
Assorted Toppings

Beef Chili Con  
Carne & Rice

Carrot & Date  
Cake



Cheese & Tomato  
Sao's

Chicken Korma  
& Rice

Apple & Oat  
Slice



Assorted Cereals

Ham, Cheese and  
Tomato  
Sandwiches

Warm Scones and  
Jam



Vanilla Yoghurt &  
Berries

Creamy Tomato  
Soup with  
Cheesy Turkish  
Bread

Spinach & Feta  
Muffins



Sticky Date  
Porridge

Japanese  
Vegetable  
Curry Udon

Zucchini Slice

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served daily at 5.30pm

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# WINTER MENU FOUR

## M / TEA

## LUNCH

## A / TEA



Fruit Toast

Thai Fish Yellow  
Curry & Rice

Pizza Scrolls



Apple &  
Cinnamon  
Overnight Oats

Creamy Chicken  
Pasta

Cheesy Savoury  
Muffins



Vegemite & Cheese  
Rice Cakes

Plant Based  
Cottage Pie

Cinnamon &  
Banana Cake



Vanilla Yoghurt &  
Berries

Cheesy Beef  
Pasta Shells

Spiced Apple  
Rice Pudding



Crumpets & Jam

Cream of Pumpkin  
Soup and Buttered  
Bread

Cheese & Chive  
Scones

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